

2017

September Snack Calendar



Each classroom has portion size posted, or you can look in Parent Hand Book online at:

(www.centralmethodistnurseryschool.com)

ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day No School	5 Saltine Crackers, Turkey/Cheese Slices, Water -----	6 Vanilla Wafers, Strawberries, Milk -----	7 Cinnamon Rice Cakes, Apple Slices Water -----	8 Bagels, Cream Cheese, Raisins Water -----	9
10	11 Cheerios, Bananas, Milk -----	12 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	13 Goldfish Crackers, String/Cheese, Water -----	14 Teddy Grahams, Yogurt, Water -----	15 Pita Chips, Carrots, Hummus, Water -----	16
17	18 Ritz Crackers, Sunflower Butter, Orange Slices, Water -----	19 Tortilla Chips, Salsa, Bean Dip Water -----	20 Saltine Cracker, Turkey/Cheese Slices, Water -----	21 Vanilla Wafers, Strawberries, Milk -----	22 Cinnamon Rice Cakes, Apple Slices, Water -----	23
24	25 Bagels Cream Cheese, Raisins Water -----	26 Cheerios, Bananas, Milk -----	27 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	28 Goldfish Crackers, String Cheese, Water -----	29 Teddy Grahams, Yogurt, Water -----	30

2017

October Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pita Chips, Hummus, Water -----	3 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	4 Tortilla Chips, Salsa, Bean Dip Water -----	5 Saltine Crackers, Turkey & Cheese Slices, Water -----	6 Vanilla Wafers, Canned Peaches, Milk -----	7
8	9 Cinnamon Rice Cakes, Apple Slices, Water -----	10 Bagels Cream Cheese, Raisins Water -----	11 Cheerios, Bananas. Milk -----	12 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	13 Goldfish Crackers, String Cheese, Water -----	14
15	16 Teddy Grahams, Yogurt, Water -----	17 Pita Chips, Carrots, Hummus, Water -----	18 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	19 Tortilla Chips, Bean Dip, Salsa, Water -----	20 Saltine Crackers, Turkey & Cheese Slices, Water -----	21
22	23 Vanilla Wafers, Canned Peaches, Milk -----	24 Cinnamon Rice Cakes, Apple Slices, Water -----	25 Bagels Cream Cheese, Raisins Water -----	26 Cheerios, Bananas, Milk -----	27 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	28
29	30 Goldfish Crackers, String Cheese, Water -----	31 Teddy Grahams, Yogurt, Water -----				

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November Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Pita Chips, Hummus, Oranges, Water	2 Ritz Crackers, Sunflower Butter, Orange Slices., Water	3 Tortilla Chips, Salsa, Bean Dip Water	4
5	6 Saltine Crackers, Turkey/Cheese Slices, Water	7 Bagels Cream Cheese, Raisins Water	8 Cinnamon Rice Cakes, Apple Slices, Water	9 Vanilla Wafers, Canned Peaches, Milk	10 Veterans Day No School	11 Veterans Day
12	13 Cheerios, Bananas, Milk	14 Pretzels, Cucumber Circles, Ranch Dressing, Water	15 Goldfish Crackers, String Cheese, Water	16 Teddy Grahams, Yogurt, Water	17 Class Program Pumpkin Pie, Fruit Salad, Popcorn, Water	18
19	20 Thanksgiving Break	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Day	24 Thanksgiving Break	25
26	27 Pita Chips, Carrots, Hummus, Water	28 Ritz Crackers, Sunflower Butter Orange Slices, Water	29 Tortilla Chips, Salsa, Bean Dip Water	30 Saltine Crackers, Turkey & Cheese Slices, Water		

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December Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Vanilla Wafers, Canned Peaches, Milk -----	2
3	4 Cinnamon Rice Cakes, Apple Slices, Water -----	5 Bagels Cream Cheese, Raisins Water -----	6 Cheerios, Bananas, Milk -----	7 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	8 Goldfish Crackers, String Cheese, Water -----	9
10	11 Teddy Grahams, Yogurt, Water -----	12 Pita Chips, Carrots, Hummus, Water -----	13 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	14 Tortilla Chips, Salsa, Bean Dip Water -----	15 Saltine Crackers, Turkey & Cheese Slices, Water -----	16
17	18 Vanilla Wafers, Canned Peaches, Milk -----	19 Cinnamon Rice Cakes, Apple Slices, Water -----	20 Bagels Cream Cheese, Raisins Water -----	21 Class Party See Sign Up Sheet	22 Winter Break No School	23
24	25 Christmas	26 Winter Break No School	27 Winter Break No School	28 Winter Break No School	29 Winter Break No School	30

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January Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Year's Day	2 Winter Break No School	3 Winter Break No School	4 Winter Break No School	5 Winter Break No School	6
7	8 Staff Only	9 Vanilla Wafers, Canned Peaches, Milk -----	10 Cinnamon Rice Cakes, Apple Slices, Water -----	11 Bagels Cream Cheese, Raisins Water -----	12 Cheerios, Bananas, Milk -----	13
14	15 ML King's Day No School	16 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	17 Goldfish Crackers, String Cheese, Water -----	18 Teddy Grahams, Yogurt, Water -----	19 Pita Chips, Carrots, Hummus, Water -----	20
21	22 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	23 Tortilla Chips, Salsa, Bean Dip Water -----	24 Saltine Crackers, Turkey & Cheese Slices, Water -----	25 Vanilla Wafers, Canned Peaches, Milk -----	26 Cinnamon Rice Cakes, Apple Slices, Water -----	27
28	29 Bagels Cream Cheese, Raisins Water -----	30 Cheerios, Bananas, Milk -----	31 Pretzels, Cucumber Circles, Ranch Dressing, Water -----			

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February Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Goldfish Crackers, String Cheese, Water -----	2 Teddy Grahams, Yogurt, Water -----	3
4	5 Pita Chips, Carrots, Hummus, Water -----	6 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	7 Tortilla Chips, Salsa, Bean Dip Water -----	8 Saltine Crackers, Turkey & Cheese Slices, Water -----	9 Vanilla Wafers, Canned Peaches, Milk -----	10
11	12 Lincoln's Birthday No School	13 Cinnamon Rice Cakes, Apple Slices, Water -----	14 Bagels Cream Cheese, Raisins Water -----	15 Cheerios, Bananas, Milk -----	16 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	17
18	19 President's Day No School	20 Teddy Grahams, Yogurt, Water -----	21 Goldfish Crackers, String Cheese, Water -----	22 Pita Chips, Carrots, Hummus, Water -----	23 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	24
25	26 Saltine Crackers, Turkey & Cheese Slices, Water -----	27 Tortilla Chips, Salsa, Bean Dip Water -----	28 Cinnamon Rice Cakes, Apple Slices, Water -----			

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March Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Vanilla Wafers, Canned Peaches, Milk	2 Bagels Cream Cheese, Raisins Water	3
4	5 Cheerios, Bananas, Milk	6 Pretzels, Cucumber Circles, Ranch Dressing, Water	7 Teddy Grahams, Yogurt, Water	8 Goldfish Crackers, String Cheese, Water	9 Pita Chips, Carrots, Hummus, Water	10
11	12 Ritz Crackers, Sunflower Butter Orange Slices, Water	13 Saltine Crackers, Turkey & Cheese Slices, Water	14 Tortilla Chips, Salsa, Bean Dip Water	15 Bagels Cream Cheese, Raisins Water	16 Cinnamon Rice Cakes, Apple Slices, Water	17
18	19 Pretzels, Cucumber Circles, Ranch Dressing, Water	20 Cheerios, Bananas, Milk	21 Goldfish Crackers, String Cheese, Water	22 Teddy Grahams, Yogurt, Water	23 Saltine Cracker, Turkey & Cheese Slices, Water	24
25	26 Bagels Cream Cheese, Raisins Water	27 Pita Chips, Carrots, Hummus, Water	28 Ritz Crackers, Sunflower Butter Orange Slices, Water	29 Tortilla Chips, Salsa, Bean Dip Water	30 Good Friday No School	31

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April Snack Calendar



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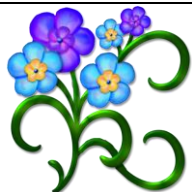
ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Easter Sunday	2 Spring Break No School	3 Spring Break No School	4 Spring Break No School	5 Spring Break No School	6 Spring Break No School	7
8	9 Vanilla Wafers, Canned Peaches, Milk -----	10 Saltine Crackers, Turkey & Cheese Slices, Water -----	11 Cinnamon Rice Cakes, Apple Slices, Water -----	12 Bagels Cream Cheese, Raisins Water -----	13 Cheerios, Bananas, Milk -----	14
15	16 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	17 Goldfish Crackers, String Cheese, Water -----	18 Teddy Grahams, Yogurt, Water -----	19 Pita Chips, Carrots, Hummus, Water -----	20 Ritz Crackers, Sunflower Butter Oranges, Water -----	21
22	23 Tortilla Chips, Salsa, Bean Dip Water -----	24 Vanilla Wafers, Canned Peaches, Milk -----	25 Saltine Crackers, Turkey & Cheese Slices, Water -----	26 Cinnamon Rice Cakes, Apple Slices, Water -----	27 Bagels Cream Cheese, Raisins Water -----	28
29	30 Goldfish Crackers, String Cheese, Water -----					

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May Snack Calendar



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You may provide a different snack-must follow required guidelines and check with your teacher

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Cheerios, Bananas, Milk -----	2 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	3 Goldfish Crackers, String Cheese, Water -----	4 Teddy Grahams, Yogurt, Water -----	5
6	7 Pita Chips, Carrots, Hummus, Water -----	8 Ritz Crackers, Sunflower Butter Orange Slices, Water -----	9 Tortilla Chips, Salsa, Bean Dip Water -----	10 Saltine Crackers, Turkey & Cheese Slices, Water -----	11 Vanilla Wafers, Strawberries, Milk -----	12
13 Mother's Day	14 Cinnamon Rice Cakes, Apple Slices, Water -----	15 Bagels Cream Cheese, Raisins Water -----	16 Cheerios, Bananas, Milk -----	17 Pretzels, Cucumber Circles, Ranch Dressing, Water -----	18 Goldfish Crackers, String Cheese, Water -----	19
20	21 Ritz Crackers, Sunflower Butter Oranges, Water -----	22 Teddy Grahams, Yogurt, Water -----	23 Pita Chips, Carrots, Hummus, Water -----	24 Tortilla Chips, Salsa, Bean Dip Water -----	25 Last Day Party See sign-up sheet	26
27	28 Memorial Day	29	30	31		