

2018

September Snack Calendar



Each classroom has portion size posted, or you can look in Parent Hand Book online at: www.centralmethodistnurseryschool.com **Water is served daily.**
ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Labor Day	4 Saltine Crackers, Turkey & Cheese Slices,	5 Nilla Wafers, Strawberries, 1% Milk	6 Veggie Straws, Apple Slices	7 Bagels, Cream Cheese, Raisins	8
9	10 Cheerios, Bananas, 1% Milk	11 Pretzels, Cucumber Circles, Ranch Dressing	12 Gold Fish Crackers, String Cheese	13 Teddy Grahams, Yogurt	14 Tortilla Chips, Mild Salsa, Bean Dip	15
16	17 Pita Chips, Hummus, Carrots	18 Ritz Crackers, Sunflower Butter, Orange Slices	19 Saltine Crackers, Turkey & Cheese Slices,	20 Nilla Wafers, Strawberries, 1% Milk	21 Veggie Straws, Apple Slices	22
23	24 Gold Fish Crackers, String Cheese	25 Bagels, Cream Cheese, Raisins	26 Pretzels, Cucumber Circles, Ranch Dressing	27 Cheerios, Bananas, 1% Milk	28 Tortilla Chips, Mild Salsa, Bean Dip	29

2018

October Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Teddy Grahams, Yogurt	2 Gold Fish Crackers, String Cheese	3 Pita Chips, Hummus, Carrots	4 Saltine Crackers, Turkey & Cheese Slices	5 Nilla Wafers, Canned Peaches in Juice, 1% Milk	6
7	8 Ritz Crackers, Sunflower Butter, Orange Slices	9 Veggie Straws, Apple Slices	10 Bagels, Cream Cheese, Raisins	11 Tortilla Chips, Mild Salsa, Bean Dip	12 Cheerios, Bananas, 1% Milk	13
14	15 Bagels, Cream Cheese, Raisins	16 Pretzels, Cucumber Circles, Ranch Dressing	17 Gold Fish Crackers, String Cheese	18 Teddy Grahams, Yogurt	19 Saltine Crackers, Turkey & Cheese Slices	20
21	22 Pita Chips, Hummus, Carrots	23 Nilla Wafers, Canned Peaches in Juice, 1% Milk	24 Veggie Straws, Apple Slices	25 Bagels, Cream Cheese, Raisins	26 Tortilla Chips, Mild Salsa, Bean Dip	27
28	29 Ritz Crackers, Sunflower Butter, Orange Slices	30 Cheerios, Bananas, 1% Milk	31 Pretzels, Cucumber Circles, Ranch Dressing			

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November Snack Calendar

**HAPPY
THANKSGIVING**



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Saltine Crackers, Turkey & Cheese Slices	2 Nilla Wafers, Canned Peaches in Juice, 1% Milk	3
4	5 Teddy Grahams, Yogurt	6 Veggie Straws, Apple Slices	7 Pita Chips, Hummus, Carrots	8 Gold Fish Crackers, String Cheese	9 Bagels, Cream Cheese, Raisins	10
11 Veteran's Day	12 Veteran's Day No School	13 Nilla Wafers, Canned Peaches in Juice, 1% Milk	14 Tortilla Chips, Mild Salsa, Bean Dip	15 Pretzels, Cucumber Circles, Ranch Dressing	16 Family Program See Classroom Bulletin Board for Information	17
18	19 Thanksgiving Holiday No School	20 Thanksgiving Holiday No School	21 Thanksgiving Holiday No School	22 Thanksgiving Day	23 Thanksgiving Holiday No School	24
25	26 Cheerios, Bananas, 1% Milk	27 Teddy Grahams, Yogurt	28 Veggie Straws, Apple Slices	29 Bagels, Cream Cheese, Raisins	30	

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December Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Gold Fish Crackers, String Cheese	4 Tortilla Chips, Mild Salsa, Bean Dip	5 Teddy Grahams, Yogurt	6 Saltine Crackers, Turkey & Cheese Slices	7 Nilla Wafers, Canned Peaches in Juice, 1% Milk	8
9	10 Pita Chips, Hummus, Carrots	11 Veggie Straws, Apple Slices	12 Pretzels, Cucumber Circles, Ranch Dressing	13 Cheerios, Bananas, 1% Milk	14 Bagels, Cream Cheese, Raisins	15
16	17 Ritz Crackers, Sunflower Butter, Orange Slices	18 Nilla Wafers, Canned Peaches in Juice, 1% Milk	19 Tortilla Chips, Mild Salsa, Bean Dip	20 Gold Fish Crackers, String Cheese	21 Christmas Break No School	22
23	24 Christmas Break No School	25 Christmas	26 Christmas Break No School	27 Christmas Break No School	28 Christmas Break No School	29

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January Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day	2	3	4	5
6	7 Staff Only	8 Bagels, Cream Cheese, Raisins	9 Saltine Crackers, Turkey & Cheese Slices	10 Teddy Grahams, Yogurt	11 Nilla Wafers, Canned Peaches in Juice, 1% Milk	12
13	14 Veggie Straws, Apple Slices	15 Pretzels, Cucumber Circles, Ranch Dressing	16 Cheerios, Bananas, 1% Milk	17 Tortilla Chips, Mild Salsa, Bean Dip	18 Gold Fish Crackers, String Cheese	19
20	21 ML King's Day	22 Pita Chips, Hummus, Carrots	23 Bagels, Cream Cheese, Raisins	24 Saltine Crackers, Turkey & Cheese Slices	25 Teddy Grahams, Yogurt	26
27	28 Ritz Crackers, Sunflower Butter, Orange Slices	29 Nilla Wafers, Canned Peaches in Juice, 1% Milk	30 Saltine Crackers, Turkey & Cheese Slices	31 Veggie Straws, Apple Slices		

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February Snack Calendar



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You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pretzels, Cucumber Circles, Ranch Dressing	2
3	4 Tortilla Chips, Mild Salsa, Bean Dip	5 Cheerios, Bananas, 1% Milk	6 Pita Chips, Hummus, Carrots	7 Bagels, Cream Cheese, Raisins	8 Saltine Crackers, Turkey & Cheese Slices	9
10	11 Lincoln's Birthday	12 Gold Fish Crackers, String Cheese	13 Nilla Wafers, Canned Peaches in Juice, 1% Milk	14 Teddy Grahams, Yogurt	15 Veggie Straws, Apple Slices	16
17	18 President's Day	19 Pretzels, Cucumber Circles, Ranch Dressing	20 Ritz Crackers, Sunflower Butter, Orange Slices	21 Tortilla Chips, Mild Salsa, Bean Dip	22 Cheerios, Bananas, 1% Milk	23
24	25 Pita Chips, Hummus, Carrots	26 Saltine Crackers, Turkey & Cheese Slices	27 Bagels, Cream Cheese, Raisins	28 Nilla Wafers, Canned Peaches in Juice, 1% Milk		

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March Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Gold Fish Crackers, String Cheese	2
3	4 Cheerios, Bananas, 1% Milk	5 Teddy Grahams, Yogurt	6 Pretzels, Cucumber Circles, Ranch Dressing	7 Veggie Straws, Apple Slices	8 Tortilla Chips, Mild Salsa, Bean Dip	9
10	11 Ritz Crackers, Sunflower Butter, Orange Slices	12 Pita Chips, Hummus, Carrots	13 Saltine Crackers, Turkey & Cheese Slices	14 Bagels, Cream Cheese, Raisins	15 Nilla Wafers, Canned Peaches in Juice, 1% Milk	16
17	18 Veggie Straws, Apple Slices	19 Cheerios, Bananas, 1% Milk	20 Teddy Grahams, Yogurt	21 Pretzels, Cucumber Circles, Ranch Dressing	22 Veggie Straws, Apple Slices	23
24	25 Ritz Crackers, Sunflower Butter, Orange Slices	26 Nilla Wafers, Canned Peaches in Juice, 1% Milk	27 Pita Chips, Hummus, Carrots	28 Saltine Crackers, Turkey & Cheese Slices	29 Bagels, Cream Cheese, Raisins	30

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April Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Pita Chips, Hummus, Carrots	2 Gold Fish Crackers, String Cheese	3 Cheerios, Bananas, 1% Milk	4 Teddy Grahams, Yogurt	5 Pretzels, Cucumber Circles, Ranch Dressing	6
7	8 Ritz Crackers, Sunflower Butter, Orange Slices	9 Veggie Straws, Apple Slices	10 Nilla Wafers, Canned Peaches in Juice, 1% Milk	11 Tortilla Chips, Mild Salsa, Bean Dip	12 Saltine Crackers, Turkey & Cheese Slices	13
14	15 Easter Break	16 Easter Break	17 Easter Break	18 Easter Break	19 Good Friday	20
21 Easter Sunday	22 Easter Break	23 Bagels, Cream Cheese, Raisins	24 Pita Chips, Hummus, Carrots	25 Nilla Wafers, Canned Peaches in Juice, 1% Milk	26 Gold Fish Crackers, String Cheese	27
28	29 Teddy Grahams, Yogurt	30 Cheerios, Bananas, 1% Milk				

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May Snack Calendar



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ALTERNATE SNACK: 100% Apple Sauce and Graham Crackers
 You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Tortilla Chips, Mild Salsa, Bean Dip	2 Pretzels, Cucumber Circles, Ranch Dressing	3 Veggie Straws, Apple Slices	4
5	6 Ritz Crackers, Sunflower Butter, Orange Slices	7 Saltine Crackers, Turkey & Cheese Slices	8 Teddy Grahams, Yogurt	9 Pita Chips, Hummus, Carrots	10 Nilla Wafers, Canned Peaches in Juice, 1% Milk	11
12 Mother's Day	13 Bagels, Cream Cheese, Raisins	14 Gold Fish Crackers, String Cheese	15 Cheerios, Bananas, 1% Milk	16 Teddy Grahams, Yogurt	17 Pretzels, Cucumber Circles, Ranch Dressing	18
19	20 Ritz Crackers, Sunflower Butter, Orange Slices	21 Veggie Straws, Apple Slices	22 Saltine Crackers, Turkey & Cheese Slices	23 Nilla Wafers, Canned Peaches in Juice, 1% Milk	24 Last Day of School See classroom bulletin board for information.	25
26	27 Memorial Day	28	29	30	31	