

2023

September Snack Calendar



Each classroom has portion size posted, or you can look in Parent Hand Book online at: www.centralmethodistnurseryschool.com **Water is served daily.**

ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day	5 Graham Crackers, Bananas, 1% Milk _____	6 Gold Fish Cr., String Cheese, Raisins, Water _____	7 Pretzels, Carrots, Ranch Dressing, Water _____	8 Bagels, Cream Cheese, Grape Halves, Water _____	9
10	11 Veggie Straws, Orange Smiles, Water _____	12 WhlWht Cracker, Cheese Slice, Apple, Water Eryn	13 Yogurt, Teddy Grahams, Strawberries, Water _____	14 Pita Chips Cucumber Slices, Hummus, Water _____	15 Graham Crackers, Bananas, 1% Milk _____	16
17	18 Gold Fish Cr., String Cheese, Raisins, Water Jacob	19 Bagels, Cream Cheese, Grape Halves, Water _____	20 Pretzels, Carrots, Ranch Dressing, Water _____	21 Veggie Straws, Orange Smiles, Water _____	22 WhlWht Cracker, Cheese Slice, Apple, Water _____	23
24	25 Pita Chips Cucumber Slices, Hummus, Water _____	26 Yogurt, Teddy Grahams, Strawberries, Water _____	27 Graham Crackers, Bananas, 1% Milk _____	28 Gold Fish Cr., String Cheese, Raisins, Water _____	29 Pretzels, Carrots, Ranch Dressing, Water _____	30

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October Snack Calendar



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(www.centralmethodistnurseryschool.com) **Water is served daily.**

ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Veggie Straws, Orange Smiles, Water _____	3 WhlWht Cracker, Cheese Slice, Apple, Water _____	4 Yogurt, Teddy Grahams, Strawberries, Water _____	5 Pita Chips Cucumber Slices, Hummus, Water _____	6 Graham Crackers, Bananas, 1% Milk _____	7
8	9 Gold Fish Cr., String Cheese, Raisins, Water _____	10 Bagels, Cream Cheese, Grape Halves, Water _____	11 Pretzels, Carrots, Ranch Dressing, Water _____	12 Veggie Straws, Orange Smiles, Water _____	13 WhlWht Cracker, Cheese Slice, Apple, Water _____	14
15	16 Yogurt, Teddy Grahams, Strawberries, Water _____	17 Graham Crackers, Bananas, 1% Milk _____	18 Pita Chips Cucumber Slices, Hummus, Water _____	19 Gold Fish Cr., String Cheese, Raisins, Water _____	20 Bagels, Cream Cheese, Grape Halves, Water _____	21
22	23 Veggie Straws, Orange Smiles, Water _____	24 Pretzels, Carrots, Ranch Dressing, Water _____	25 WhlWht Cracker, Cheese Slice, Apple, Water _____	26 Yogurt, Teddy Grahams, Strawberries, Water _____	27 Graham Crackers, Bananas, 1% Milk _____	28
29	30 Pita Chips Cucumber Slices, Hummus, Water _____	31 Graham Crackers, Bananas, 1% Milk _____				

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November Snack Calendar



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ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Gold Fish Cr., String Cheese, Raisins, Water _____	2 Pretzels, Carrots, Ranch Dressing, Water _____	3 Bagels, Cream Cheese, Grape Halves, Water _____	4
5	6 Veggie Straws, Orange Smiles, Water _____	7 WhlWht Cracker, Cheese Slice, Apple, Water _____	8 Yogurt, Teddy Grahams, Strawberries, Water _____	9 Pita Chips Cucumber Slices, Hummus, Water _____	10 Veterans Day	11
12	13 Graham Crackers, Bananas, 1% Milk _____	14 Gold Fish Cr., String Cheese, Raisins, Water _____	15 Pretzels, Carrots, Ranch Dressing, Water _____	16 Bagels, Cream Cheese, Grape Halves, Water _____	17 Thanksgiving Celebration See information on bulletin board.	18
19	20 Thanksgiving Break	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Day	24 Thanksgiving Break	25
26	27 Veggie Straws, Orange Smiles, Water _____	28 Yogurt, Teddy Grahams, Strawberries, Water _____	29 WhlWht Cracker, Cheese Slice, Apple, Water _____	30 Graham Crackers, Bananas, 1% Milk _____		

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December Snack Calendar



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ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Gold Fish Cr., String Cheese, Raisins, Water _____	2
3	4 Pretzels, Carrots, Ranch Dressing, Water _____	5 Bagels, Cream Cheese, Grape Halves, Water _____	6 Veggie Straws, Orange Smiles, Water _____	7 Yogurt, Teddy Grahams, Strawberries, Water _____	8 WhlWht Cracker, Cheese Slice, Apple, Water _____	9
10	11 Pita Chips Cucumber Slices, Hummus, Water _____	12 Graham Crackers, Bananas, 1% Milk _____	13 Gold Fish Cr., String Cheese, Raisins, Water _____	14 Pretzels, Carrots, Ranch Dressing, Water _____	15 Bagels, Cream Cheese, Grape Halves, Water _____	16
17	18 Yogurt, Teddy Grahams, Strawberries, Water _____	19 Veggie Straws, Orange Smiles, Water _____	20 WhlWht Cracker, Cheese Slice, Apple, Water _____	21 Holiday Celebration See information on bulletin board.	22 Christmas Break	23
24	25 Christmas	26 Christmas Break	27 Christmas Break	28 Christmas Break	29 Christmas Break	30

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January Snack Calendar



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(www.centralmethodistnurseryschool.com) **Water is served daily.**

ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Year's Day	2 Winter Break	3 Winter Break	4 Winter Break	5 Winter Break	6
7	8 Staff Only Workday	9 Graham Crackers, Bananas, 1% Milk	10 Gold Fish Cr., String Cheese, Raisins, Water	11 Pretzels, Carrots, Ranch Dressing, Water	12 Bagels, Cream Cheese, Grape Halves, Water	13
14	15 M L King Day	16 Yogurt, Teddy Grahams, Strawberries, Water	17 Veggie Straws, Orange Smiles, Water	18 WhIWht Cracker, Cheese Slice, Apple, Water	19 Pita Chips, Cucumber Slices, Hummus, Water	20
21	22 Graham Crackers, Bananas, 1% Milk	23 Gold Fish Cr., String Cheese, Raisins, Water	24 Pretzels, Carrots, Ranch Dressing, Water	25 Bagels, Cream Cheese, Grape Halves, Water	26 Veggie Straws, Orange Smiles, Water	27
28	29 WhIWht Cracker, Cheese Slice, Apple, Water	30 Pita Chips, Cucumber Slices, Hummus, Water	31 Yogurt, Teddy Grahams, Strawberries, Water			

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February Snack Calendar



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ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Graham Crackers, Bananas, 1% Milk _____	2 Gold Fish Cr., String Cheese, Raisins, Water _____	3
4	5 Pretzels, Carrots, Ranch Dressing, Water _____	6 Bagels, Cream Cheese, Grape Halves, Water _____	7 Veggie Straws, Orange Smiles, Water _____	8 WhIWhT Cracker, Cheese Slice, Apple, Water _____	9 Yogurt, Teddy Grahams, Strawberries, Water _____	10
11	12 Lincoln's B- Day	13 Pita Chips Cucumber Slices, Hummus, Water _____	14 Graham Crackers, Bananas, 1% Milk _____	15 Gold Fish Cr., String Cheese, Raisins, Water _____	16 Pretzels, Carrots, Ranch Dressing, Water _____	17
18	19 Presidents' Day	20 Veggie Straws, Orange Smiles, Water _____	21 Bagels, Cream Cheese, Grape Halves, Water _____	22 Yogurt, Teddy Grahams, Strawberries, Water _____	23 Pita Chips Cucumber Slices, Hummus, Water _____	24
25	26 WhIWhT Cracker, Cheese Slice, Apple, Water _____	27 Graham Crackers, Bananas, 1% Milk _____	28 Gold Fish Cr., String Cheese, Raisins, Water _____	29 Pretzels, Carrots, Ranch Dressing, Water _____		

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March Snack Calendar



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ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Bagels, Cream Cheese, Grape Halves, Water	2
3	4 Veggie Straws, Orange Smiles, Water	5 WhlWht Cracker, Cheese Slice, Apple, Water	6 Yogurt, Teddy Grahams, Strawberries, Water	7 Pita Chips Cucumber Slices, Hummus, Water	8 Graham Crackers, Bananas, 1% Milk	9
10	11 Gold Fish Cr., String Cheese, Raisins, Water	12 Pretzels, Carrots, Ranch Dressing, Water	13 Bagels, Cream Cheese, Grape Halves, Water	14 Veggie Straws, Orange Smiles, Water	15 WhlWht Cracker, Cheese Slice, Apple, Water	16
17	18 Yogurt, Teddy Grahams, Strawberries, Water	19 Gold Fish Cr., String Cheese, Raisins, Water	20 Pita Chips Cucumber Slices, Hummus, Water	21 Graham Crackers, Bananas, 1% Milk	22 Pretzels, Carrots, Ranch Dressing, Water	23
24	25 Veggie Straws, Orange Smiles, Water	26 Bagels, Cream Cheese, Grape Halves, Water	27 WhlWht Cracker, Cheese Slice, Apple, Water	28 Spring Celebration See information on bulletin board.	29 Good Friday	30

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April Snack Calendar



Each classroom has portion size posted, or you can look in Parent Hand Book online at: www.centralmethodistnurseryschool.com

Water is served daily.

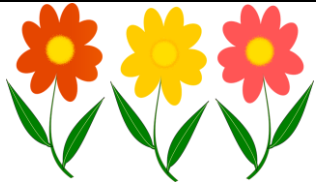
ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Spring Break	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break	6
7	8 Yogurt, Teddy Grahams, Strawberries, Water	9 Pita Chips, Cucumber Slices, Hummus, Water	10 Graham Crackers, Bananas, 1% Milk	11 Gold Fish Cr., String Cheese, Raisins, Water	12 Pretzels, Carrots, Ranch Dressing, Water	13
14	15 Bagels, Cream Cheese, Grape Halves, Water	16 Veggie Straws, Orange Smiles, Water	17 WhlWht Cracker, Cheese Slice, Apple, Water	18 Yogurt, Teddy Grahams, Strawberries, Water	19 Pita Chips, Cucumber Slices, Hummus, Water	20
21	22 Gold Fish Cr., String Cheese, Raisins, Water	23 Graham Crackers, Bananas, 1% Milk	24 Pretzels, Carrots, Ranch Dressing, Water	25 Bagels, Cream Cheese, Grape Halves, Water	26 Veggie Straws, Orange Smiles, Water	27
28	29 Yogurt, Teddy Grahams, Strawberries, Water	30 WhlWht Cracker, Cheese Slice, Apple, Water				

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May Snack Calendar



Each classroom has portion size posted, or you can look in Parent Hand Book online at: www.centralmethodistnurseryschool.com **Water is served daily.**

ALTERNATE SNACK: Raisins and Graham Crackers

You may provide a different snack-must follow required guidelines and check with your teacher.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Pita Chips Cucumber Slices, Hummus, Water	2 Graham Crackers, Bananas, 1% Milk	3 Gold Fish Cr., String Cheese, Raisins, Water	4
5	6 Pretzels, Carrots, Ranch Dressing, Water	7 Bagels, Cream Cheese, Grape Halves, Water	8 Veggie Straws, Orange Smiles, Water	9 WhIWht Cracker, Cheese Slice, Apple, Water	10 Yogurt, Teddy Grahams, Strawberries, Water	11
12 Mother's Day	13 Graham Crackers, Bananas, 1% Milk	14 Pita Chips Cucumber Slices, Hummus, Water	15 Gold Fish Cr., String Cheese, Raisins, Water	16 Pretzels, Carrots, Ranch Dressing, Water	17 Bagels, Cream Cheese, Grape Halves, Water	18
19	20 WhIWht Cracker, Cheese Slice, Apple, Water	21 Yogurt, Teddy Grahams, Strawberries, Water	22 Graham Crackers, Bananas, 1% Milk	23 Gold Fish Cr., String Cheese, Raisins, Water	24 Last Day Celebration See information on bulletin board.	25
26	27 Memorial Day	28	29	30	31	