



Journal of Central Methodist Nursery School

An outreach ministry of Central United Methodist Church

February 2024



From the Office:



Registration materials for the upcoming 2024-2025 school year are available in the office.

Registration Forms Due: **February 15**



A lot of apples were picked from the CMNS "Giving Tree". Thank you for your kind donations!

CMNS Online:

 Central Methodist Nursery School
 centralmethodist_nurseryschool

www.centralmethodistnurseryschool.com

Calendar

February 12 *Lincoln's Birthday*

February 19 *Presidents Holiday*

February 15 Registration Forms Due

February 16 Lottery

February 21 Class Lists Posted 4 PM

February 24 *Saturday Parent Workday*

March 14 Spaghetti Dinner

March 23 *Saturday Parent Workday*

Please remember all families who wish to keep their spot in fall classes must have fulfilled their parent workday and fundraiser participation or paid the opt-out fee by May 24th.

REMEMBER

Each family is asked to actively participate in:

- A Saturday Workday
- A Fundraiser

(See bulletin board for dates and time)

Important Phone Numbers

School Office: (209)462-5127

Church Office: (209) 466-5046

February is National Children's Dental Health Month

NATIONAL
CHILDREN'S
DENTAL HEALTH
MONTH
— FEBRUARY —



Art work from 2's I & II
Ms. Desi & Ms. Shelby



Elijah

P-E-A-R-L-S of Wisdom

Protect tiny teeth by caring for your mouth when you're pregnant. Your child's future oral health starts with you.

Ensure to wipe your baby's gums after each meal.

Avoid putting babies to bed with a bottle.

Remember to brush your child's teeth twice daily with fluoride toothpaste. For children younger than 2 years, consult with your dentist or doctor about when to start using fluoride toothpaste.

Limit drinks and food with added sugars for children. Encourage your child to eat more fruits and vegetables and have fewer fruit drinks, cookies, and candies. This gives your child the best possible start to good oral health.

Schedule your child's first dental visit by their first birthday or after their first tooth appears. Their tiny teeth matter!

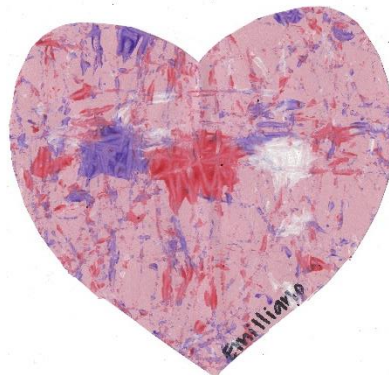
(<https://www.cdc.gov/oralhealth/publications/features/childrens-dental-health.html>)



Camila



Nayeli



Emiliano